

Good practices of CAM integration in the EU: the Tuscan experience

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Tuscan Network for Integrative Medicine

CAM in Tuscan Regional Health Plans (1996 - 2013)

- The **Region of Tuscany's healthcare programmes** have contained references to types of non-conventional medicine **since 1996**, and the Regional Health Plans have provided specific measures in support of them.
- **Regional Health Plan 1999/2001 chapter on: "Integration of Non Conventional Medicine (NCM = CAM) in regional health policy"**:
 - creation of Regional Commission for NCM;
 - support research on CAM with a fund for its integration in regional health politics of around 250,000 Euro every year.
- **Regional Health Plan 2005–2007** aims to guarantee **permanent integration in the Regional Health Service of types of CAM which present a sufficient level of scientific evidence** (acupuncture, herbal medicine, homeopathy and manual medicine).

Delibera GR n.633 del 3/9/07

Complementary Medicine

Constitution of the operative structure:

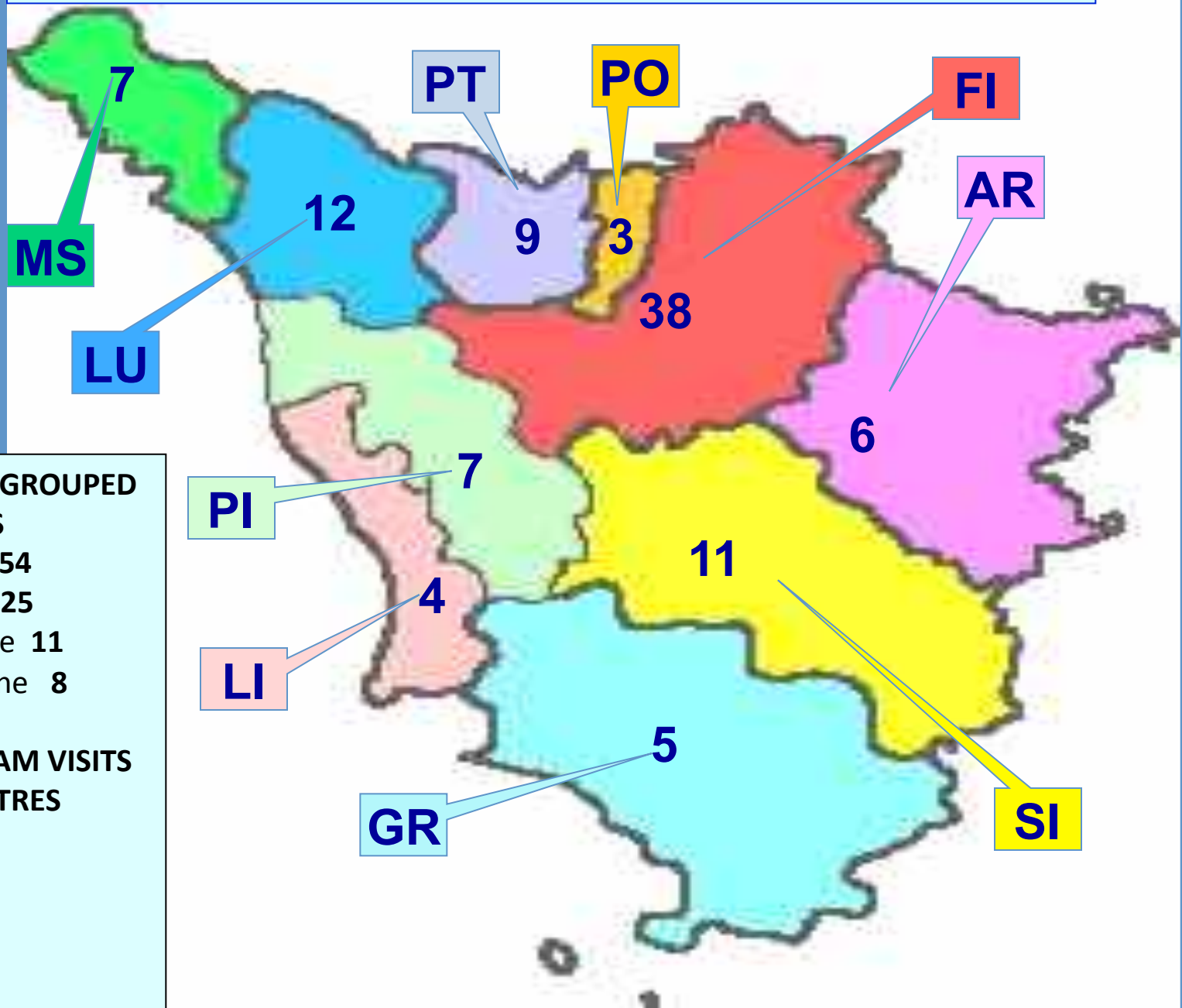
“Tuscan Network of Integrative Medicine”

It is a Tuscan organizational model “as a network” (**Tuscan Network of Integrative Medicine**) to warrant a unitary system, integration, quality of services, **safety** for patients, with the aim of **prevention, therapy** and **rehabilitation**.

Director Dr. Sonia Baccetti

General Direction of Health Department
Tuscany Region

Tuscany, April 2012: **106** CAM clinics in 43 health services



CAM CENTRES GROUPED BY DISCIPLINES

- Acupuncture 54
- Homeopathy 25
- Herbal medicine 11
- Manual medicine 8
- Other 8

NUMBER OF CAM VISITS IN PUBLIC CENTRES

- 2006: 20,698
- 2007: 22,812
- 2008: 23,515
- 2009: 24,455
- 2010: 29,918

Lucca

- Homeopathic Clinic for women problems
- Clinic of CM and diet in oncology
- Acupuncture clinic for pain

Prato

- Acupuncture clinic for pain
- Qigong for Hiv patients

Firenze

- Phytovigilance Centre – University of Florence
- Smoking cessation acupuncture treatment
- Moxibustion for breech presentation of the foetus
- Menopause secondary symptoms with acupuncture

Pisa

- Homeopathic Centre for Mother and Child
- Acupuncture for hypogalactia
- Acupuncture for infertility
- Acupuncture for pain in pregnancy

Arezzo

- Zoo-prophylactic Institute of Tuscany and Lazio

Livorno

Human and veterinary homeopathy in the Gorgona island prison

Siena

Manual Medicine Centre, U.O. Recup. Rieduc. Funzionale – Tamburino

Grosseto

- Hospital Petruccioli of Integrated Medicine - Pitigliano
- Rehabilitation Hospital of Manciano

Tuscan Regional Centres of Reference for CAM

- **Traditional Chinese Medicine Centre “Fior di prugna” in Florence**
- **Herbal Medicine Service, AOU Careggi in Florence;**
- **Homeopathic Clinic, Campo di Marte Hospital in Lucca**





Hospital of Integrated Medicine of Pitigliano Integrated Care Model



Regional course on Clinical risk and safety of the patient in Complementary Medicine

Organized by the Tuscan Network of Integrative Medicine and
Regional Centre for Clinical Risk Management

CM Training in 2009, to define
criteria **to evaluate clinical risk
and monitoring the diagnostic-
therapeutic practices in
Complementary Medicine**

Evaluation and management of
clinical risk for **prevention of
adverse reactions**

Good level of **safety for patients
of Complementary Medicine
attending Public Health Service**





Regione Toscana

Sei in: Regione Toscana | Cittadini | Salute e sport | Medicine complementari

Cittadini | Salute e sport

- Alimentazione
- Ambiente
- Bandi
- Cultura
- Diritti e cittadinanza
- Educazione e istruzione
- Formazione
- Lavoro
- Muoversi in Toscana
- Salute e sport**
- 118
- Animali da compagnia

Medicine complementari

In Primo Piano

Ambulatori di medicine complementari

Circa 106 ambulatori pubblici in Toscana assicurano prestazioni di medicine complementari e che costituiscono una vera e propria Rete toscana di medicina integrata. Anche...

Discipline bionaturali

Le discipline del benessere e bio-naturali sono tutte quelle tecniche che, pur non essendo sanitarie, promuovono il benessere della persona e contribuiscono a mantenerne...

Visualizza

Regional Bulletin “MC Toscana”



Creation of a **Regional Bulletin about CM, MC Toscana**, a quarterly journal with informative, socio-medical and scientific articles.

It also publishes the calendar of the events, the initiatives in the regional area about CAM.

Ten years of activity and 27 issues published so far.

Information campaign on Complementary Medicines in Tuscan Region (2005)



In October and November 2005 an information campaign on CAM was launched by the Italian Region Tuscany **to inform all citizens about the integration of three CAM therapies (acupuncture, homeopathy and herbal medicine) in the Regional Health Service.**

Citizens could dial a free phone number to get full information about this matter.

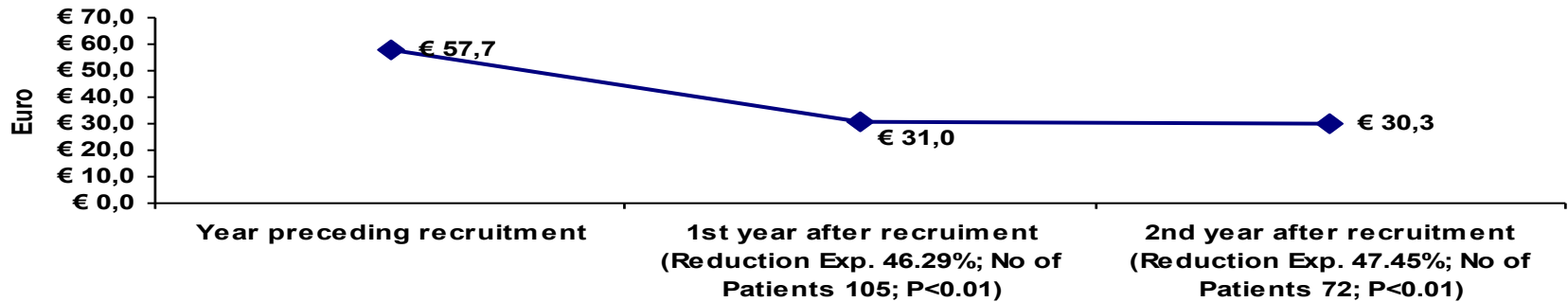
Against allergies, now you can choose. Also homeopathy, if you want. Call 800...

University Masters on CAM in Tuscany (2006-2012)

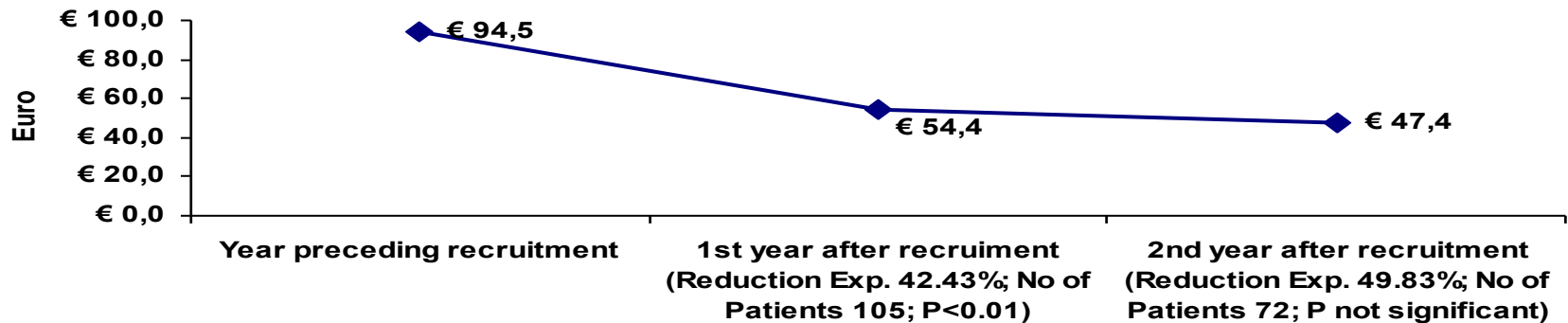
- Faculty of Pharmacy – University of Firenze (2006-2007)
Master II level in Fitoterapia Tradizionale Cinese
- Faculty of Medicine – University of Firenze (2006-2008)
Master II level in Agopuntura e Medicina Tradizionale Cinese
- Faculty of Medicine – University of Firenze – Pole of Empoli
(2007-2008) **Master II level in Fitoterapia Clinica**
- Faculty of Medicine – University of Siena (2009-2013)
Master II level in Integrated Medicina
- Faculty of Pharmacy – University of Pisa (2008-2010)
Master I level in piante aromatiche e medicinali
- Faculty of Medicine – University of Firenze (2011 – 2013)
Master in Natural Medicine

Cost–benefit evaluation of homeopathic *versus* conventional therapy in respiratory diseases. Variation in specific and general conventional drug expenses for patients with respiratory diseases under homeopathic treatment.

Expenses for specific SGCT



General expenses



Regional guidelines

Effectiveness and efficacy of Complementary Medicine

**Proposal to include Acupuncture,
Herbal medicine and Homeopathy
in the Regional guidelines for GPs
for treatment of menopause, pain,
and gender medicine.**

Complementary Medicine supporting natural childbirth

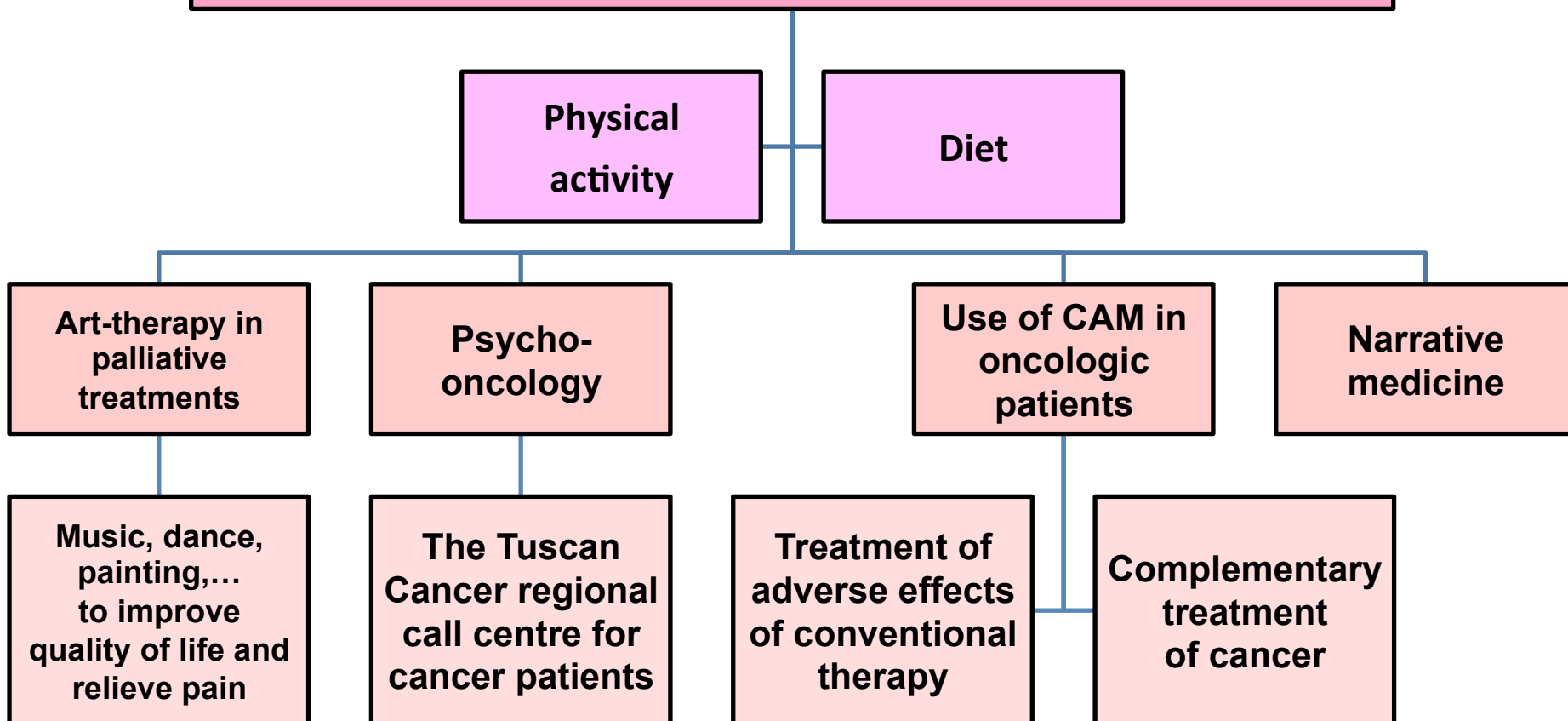
Training project on “**Giving birth with Energy**” to the midwives of Tuscany who are working in the Healthcare public system (around 140) and also private centres, on techniques of Chinese Traditional Medicine (tuina massage, auto-massage, moxibustion, plum flower, Qigong, auriculotherapy, ...), use of homeopathic and herbal remedies in physiological delivery. General objectives are:

- 1. Training on Chinese Traditional Medicine, Homeopathy and herbal medicine, in obstetrics;**
- 2. Promote natural childbirth;**
- 3. Induce relaxation of women in labour;**
- 4. Reducing pain in delivery;**
- 5. Helping post partum condition and puerperium;**
- 6. Supporting breast-feeding.**

Complementary Medicine in Oncology

- **Evaluation of scientific literature (2005–2010) and clinical experiences about the use of Complementary Medicine in Oncology**
- Research of **clinical evidence** of CM efficacy in treatment of cancer
- Defining **evaluation and application of CAM techniques** useful on the basis of the scientific literature
- **Training of the staff working in Cancer departments**
- **Spreading the possible use of CM in the Cancer clinics in the Healthcare regional System**
- **Disseminating information** about cost and benefit of the use of CAM among patients with cancer
- **Participation in EPAAC** (European Partnership Action Against Cancer)

Integrative approach to the oncological patient (integration to the conventional anticancer therapy)





European Partnership for Action Against Cancer (EPAAC)

Work package 7 “Health Care”

- **To assess evidence and use of Complementary and alternative medicine (CAM) in cancer care and to propose criteria for dissemination of appropriate information and mapping of the EU CAM in cancer care (survey).**
- Survey to Cancer Units of Hospitals across EU to identify clinical activities related to integrative medicine. A map of the activities will be defined. Workshop reviewing the evidence of the literature via Medline with the CAM therapies (herbal medicine, anthroposophy, homeopathy and acupuncture) will be reviewed. **Also, interactions with chemotherapy will be analyzed.**
- The final deliverable will be: Use of CAM in cancer care, with evidence reviewed.

European Congress of Integrative Medicine (ECIM) 2012 Florence: results

More than **1200** participants, among them **1033** medical doctors and healthcare and wellness professionals.

More than **500** scientific papers: **300** oral presentations, **200** posters included in the scientific program, **90** CAM associations partners of the congress and **50** companies as sponsors.



Complementary Medicine in the international health cooperation projects of Tuscany

Cuba

Support to the development of naturopathic and homeopathic medicine in Cuba (1995 -2004)

Senegal

Fight maternal-infantile mortality in Senegal (2002 – 2009)

RASD (Saharawi Arab Democratic Republic)

Development of naturopathic & homeopathic medicine with Saharawi people (1997 – 2009)

Serbia

Support to the Complementary Medicine integration in the National and Regional Health System of Serbia (2005 – 2013)

Regional Law of regulation of “Bio-natural disciplines”

In 2005 the Regional Council passed a regional law which regulates the practice of the **Bio-natural disciplines**.

This activity is **not included in the field of therapeutic treatment of diseases** but is part of an area aiming at promoting the wellbeing of the population.

In other words, these activities **intend to improve the quality of life** and the relationship of everybody with his social and cultural surroundings and the environment.

Regional Law n.9/2007 modif. RL 31/2007

Regulation of the practice of complementary medicine on the part of medical doctors, dentists, veterinary doctors and pharmacists

In 2007 the Regional Council of Tuscany approved the Law defining the educational criteria and disciplining the practice of complementary medicine (acupuncture, herbal medicine and homeopathy) on the part of medical doctors and dentists, veterinary doctors and pharmacists.



National rules for the education in Complementary Medicine in Italy

*The Agreement between the State and Regions
was officially signed on 2013, February 7^h*

Agreement, in accordance with Article 4 of the Legislative Decree n.28 (28 august 1997), among the Italian National Government, the Regions and the Autonomous Provinces of Trento and Bolzano in relation to **the terms and requirements for the quality certification of training and practice of Acupuncture, Phytotherapy and Homeopathy by medical doctors. odontologists. medical veterinaries and pharmacists.**



*Presidenza
del Consiglio dei Ministri*

CONFERENZA PERMANENTE PER I RAPPORTI
TRA LO STATO, LE REGIONI E LE PROVINCE AUTONOME
DI TRENTO E BOLZANO

Accordo, ai sensi dell'articolo 4 del decreto legislativo 28 agosto 1997, n. 281, tra il Governo, le Regioni e le Province autonome di Trento e di Bolzano concernente i criteri e le modalità per la certificazione di qualità della formazione e dell'esercizio dell'agopuntura, della fitoterapia e dell'omeopatia da parte dei medici chirurghi, degli odontoiatri, dei medici veterinari e dei farmacisti.

Rep. Atti n. 54/csr del 7 febbraio 2013



Thank you for the attention

